

# Lets Stop Bullying

## Session 2

### Dealing With Cyberbullying



# Aim of session today

- Briefly Review what we did last week
- Understand what cyberspace is, understand the dangers of cyberspace and how to keep safe.
- Understand what cyberbullying is and what to do if this happens to you or someone you know



## Our Group Culture



# Using Electronic Devices

- How many of you have mobile?
- How many of you have computer/tablet?
- How many of you have a gaming console?
- How many of you have the internet?



# What Is Cyberspace?

Cyberspace is a **virtual space** where lots of different types of information is shared and stored over the **internet.**



# What Is Cyberspace?

People can connect to cyberspace at **any time any place anywhere** once they are connected to the **internet**.





# What Is Cyberspace?

You can go on cyberspace with a **computer** or a **laptop** or a **tablet** or a **gaming console** or a **mobile** or **amazon echo Alexia** – **talking speaker that plays music** – **you can ask Alexia questions also**





# What Is the Internet?

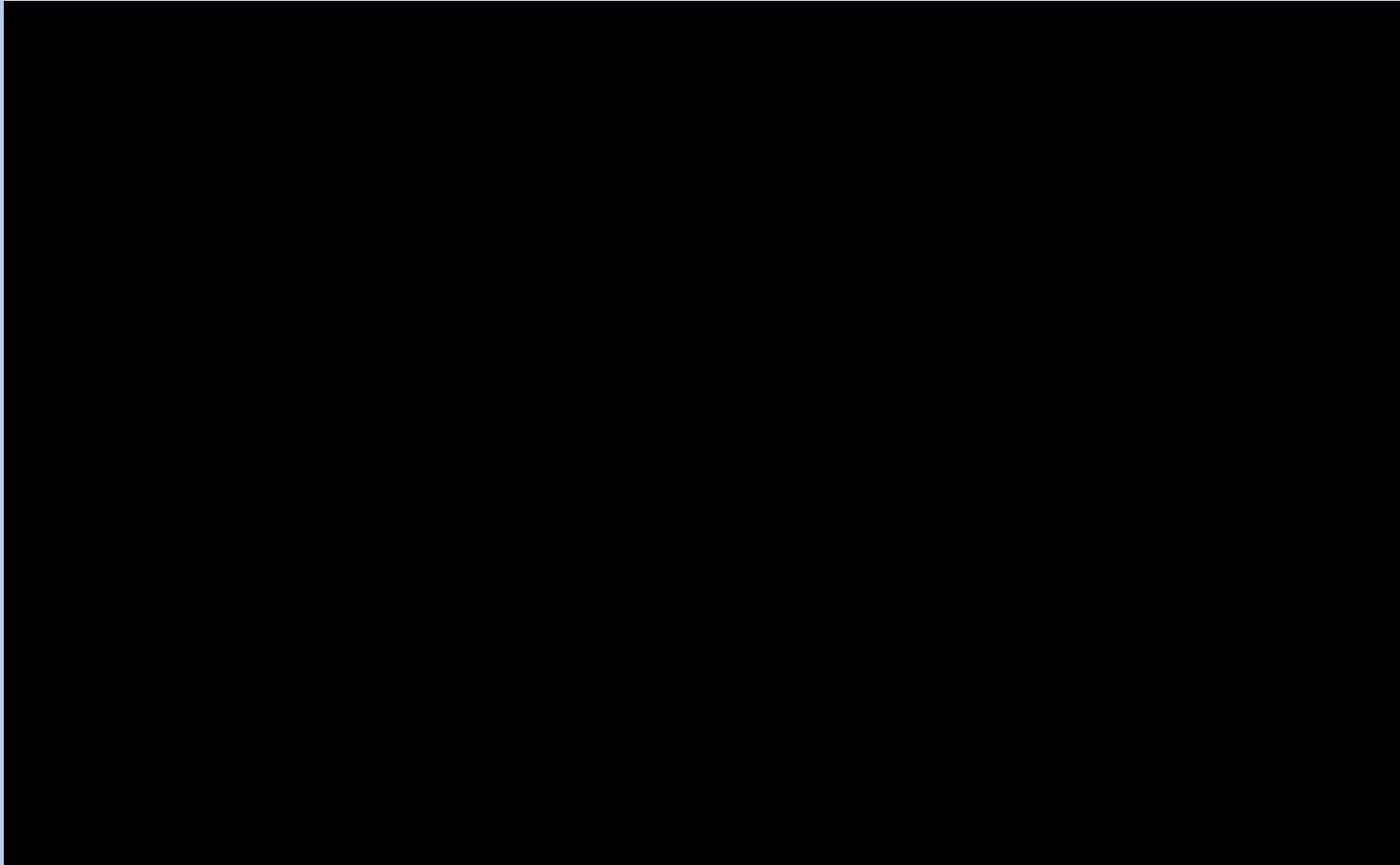
The **internet** is the **worlds largest network of computers that are connected to each other all over the planet.**

It is connected by **a wire or over Wi-Fi.** Wi-fi is **invisible signals** that are sent by tall masts to your internet devices.

You can listen **to music, watch films, play games and search for things.**



# What Is the Internet?



# We Use The Internet For Many Things



# When we use the internet, we post *A LOT* of information about ourselves online



When you use the internet, you post A LOT of personal information online.

People know things about you with through your Facebook profile or your Twitter account :

- What you look like (Picture)
- Your name
- Your email
- Your phone number
- Where you work

Would you share this information  
with people that you do not know ?



Yes or No?

# Is it personal information?

- My name ?
- My address?
- My age?
- Where I work?
- My bank account number?
- My email?
- My mobile number



# What is Social Media





# Social Media



# Facebook

Java Applet - www.screenr.com

Welcome to Facebook - Log In, Sign Up or Learn More


facebook.com https://www.facebook.com

facebook

Email: claire.wardle@gmail.com Password: ..... Log In

☒ Keep me logged in Forgot your password?

Facebook helps you connect and share with the people in your life.



**Sign Up**  
It's free and always will be.

First Name:

Last Name:

Your Email:

Re-enter Email:

New Password:

I am: Select Sex:

Birthday: Month:  Day:  Year:

Why do I need to provide my birthday?

**Sign Up**

Create a Page for a celebrity, band or business.

English (UK) English (US) Cymraeg Español Português (Brasil) Français (France) Deutsch Italiano العربية हिन्दी

Facebook © 2012 · English (US) Mobile · Find Friends · Badges · People · Pages · About · Advertising · Create a Page · Developers · Careers · Privacy · Terms · Help

# Blogs



# Twitter



# Instagram



# What Is Cyberbullying?

- Cyber bullying is when a person or group of people use the internet and mobile phones to threaten, tease or upset someone else
- Cyber bullying can make us feel sad or frightened or scared



# What Is Cyberbullying?

Cyber bullying is **different** from other types of bullying because it can happen when someone is at home rather than at school or college or work or in the street



You might also not know who is bullying you because a cyber bully can hide who they are



# Technologies Used To Cyberbully

## Email



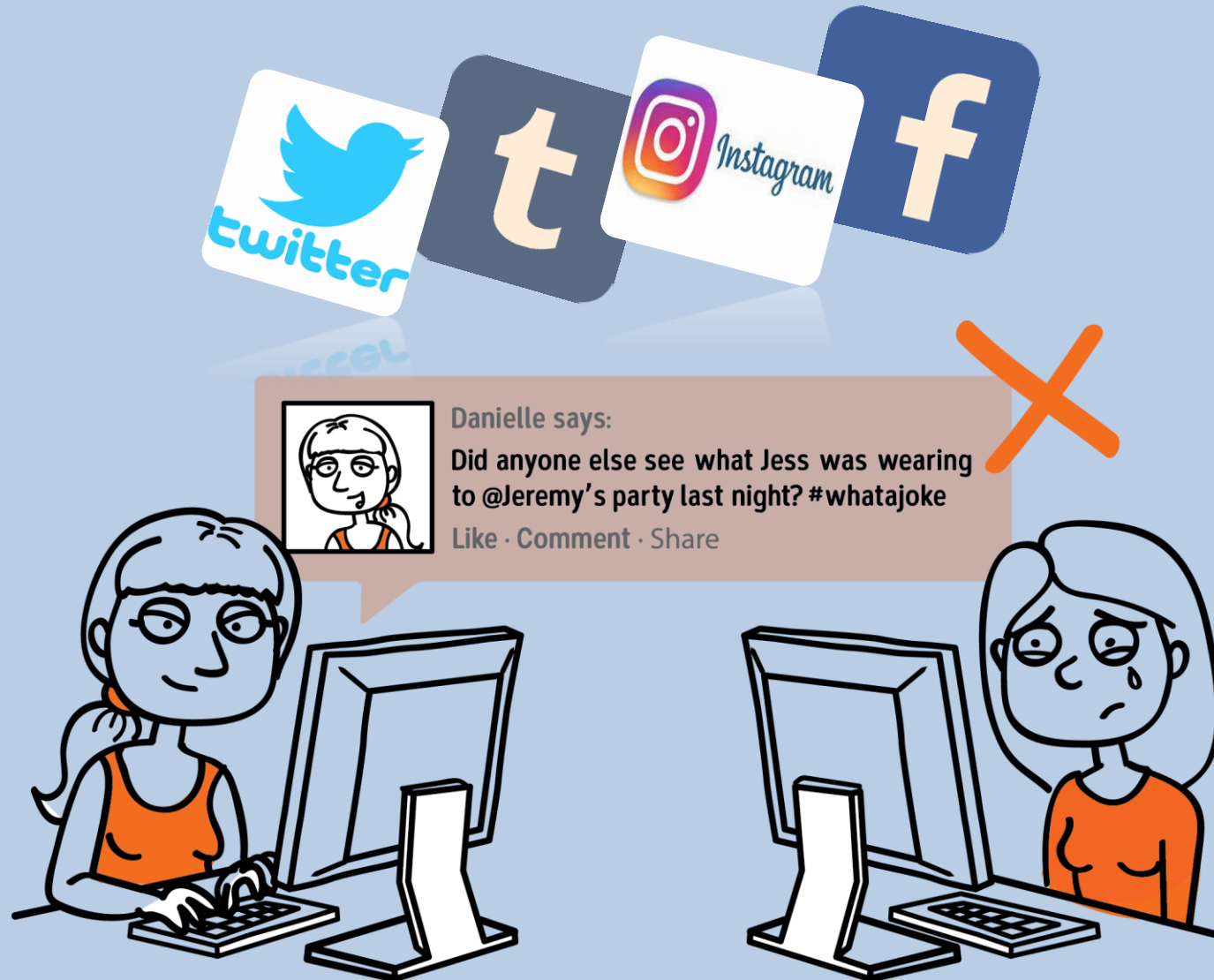
**Chatrooms** – where people log into and chat to each other



# Blogs



# Social Media



# Online Gaming



# Mobile Phones



# What Is Cyberbullying?

How do I know if cyber bullying is happening to me?





# What Is Cyberbullying?

## How do you know?

- Someone can send nasty or abusive emails to you
- Someone could use online chat rooms to threaten you or say nasty things about you
- Someone could use social networking sites like Facebook and Twitter to write nasty and upsetting comments about you
- Someone could send abusive text messages or video message to you on your mobile phone
- Someone could spread rumours about you on social media
- Some could post a horrible picture of you online



# What Is Cyberbullying?

## How do you know?

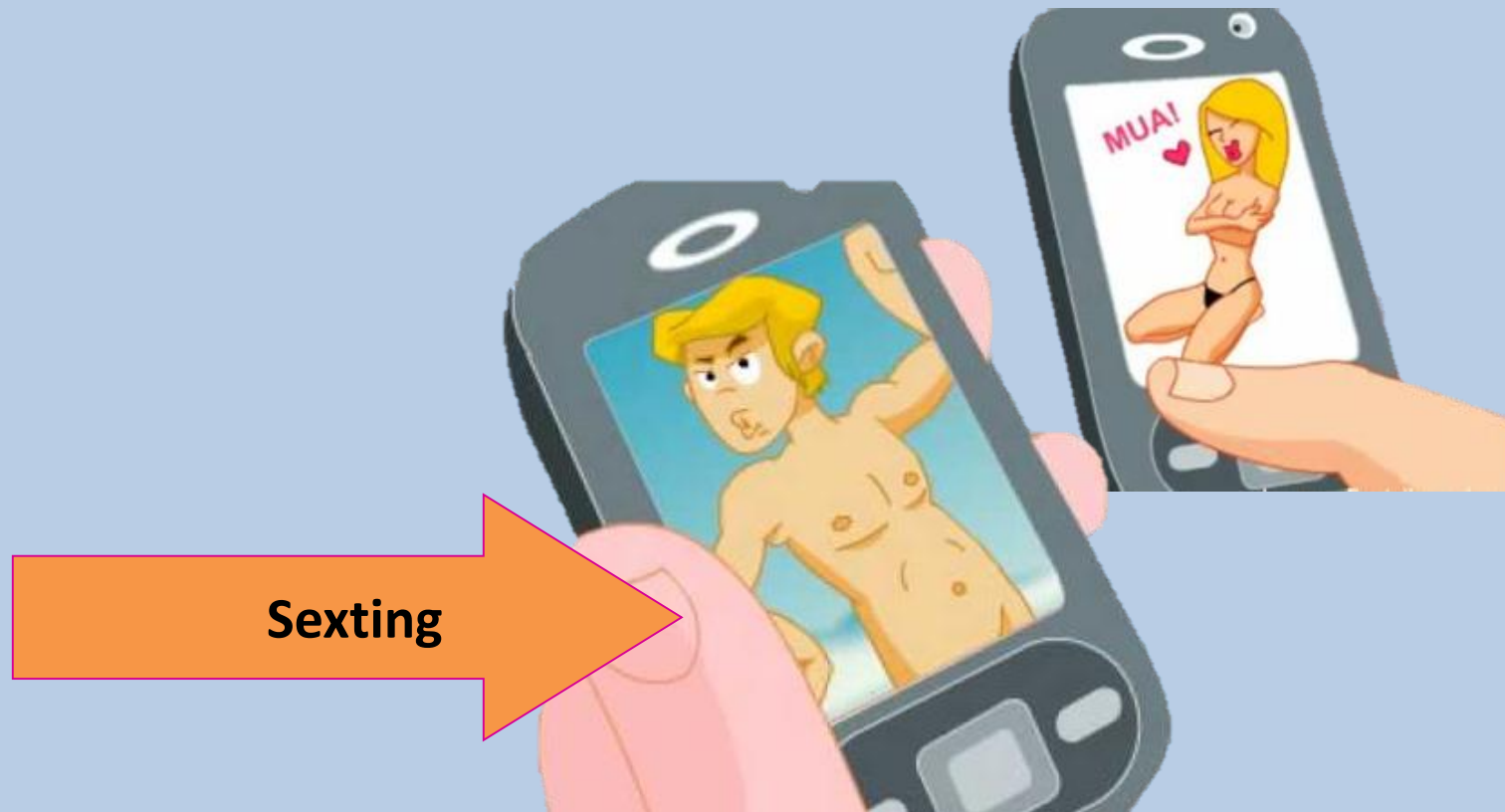
- Stealing a persons account information to break into their account to send damaging messages to their friends
- Sexting or sending sexual pictures or messages about a person
- Tricking someone into sharing secrets and then spreading the information around
- Excluding someone from online social groups



# What Is Cyberbullying?

## SEXTING

**Sexual harassment or “sexting” without permission:** Happens when a person harasses another in order to share erotic or sexual contents without his/her permission.



# Dangers of Sexting



# People Who You Can Trust



## 6 people who are important to you

- Who would you choose to go on a trip with?
- Who would you take advice from to open a bank account?
- Who would you choose to tell a secret?
- Who would you take advice from on love issues?
- Who would you choose to be with if you feel sad or you would like to cry?
- Who would you ask for help if you find yourself in a risky situation?

# How to Prevent Being Cyberbullied

## Control Your Personal Information!

Do not do anything online that you wouldn't do in real life!

- You would not give your house keys to someone you do not know
- Never share your passwords either!





# What happens to my online personal information?

The internet is fun but it can be dangerous

Everything you share on the internet stays  
there forever

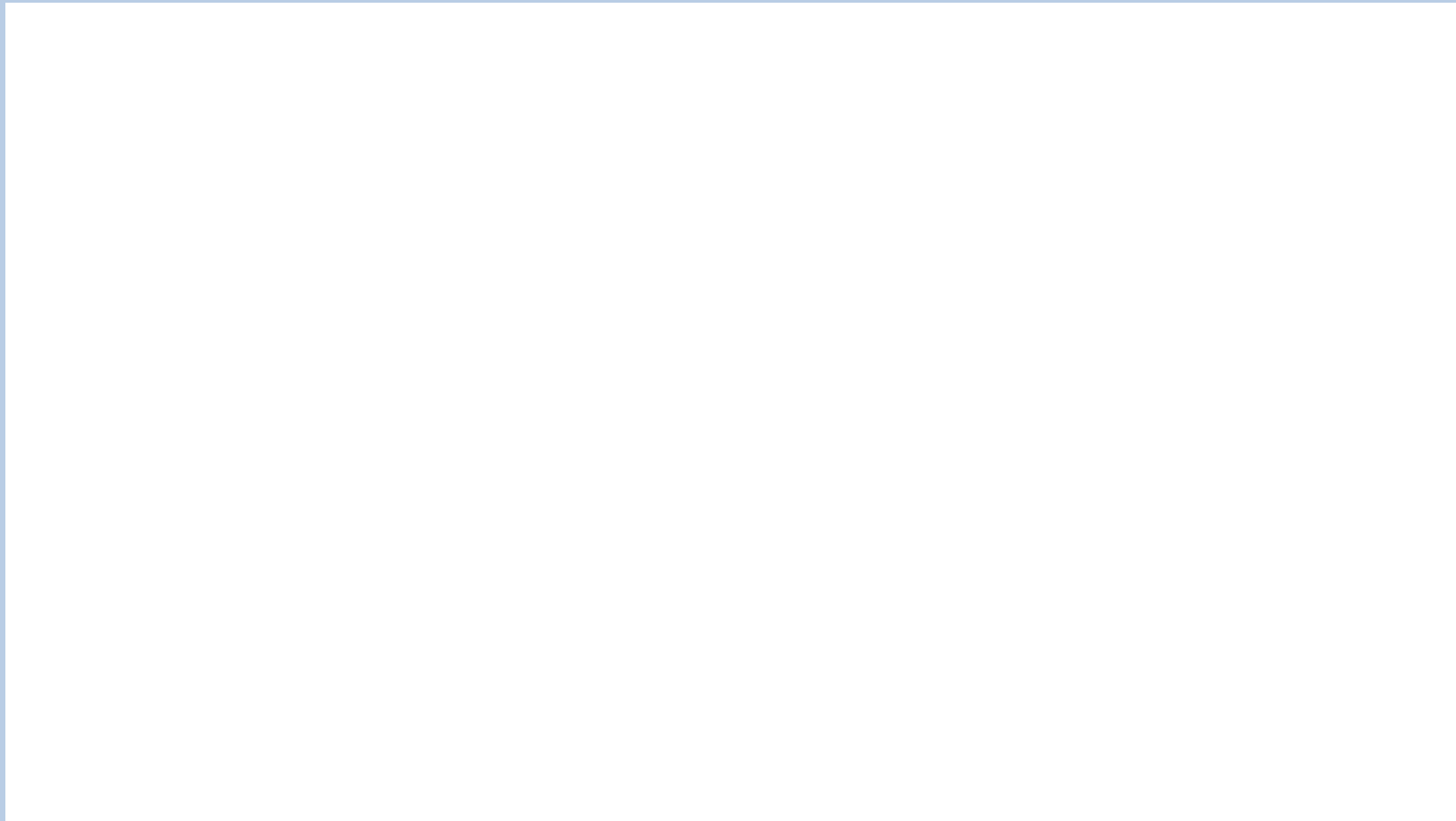




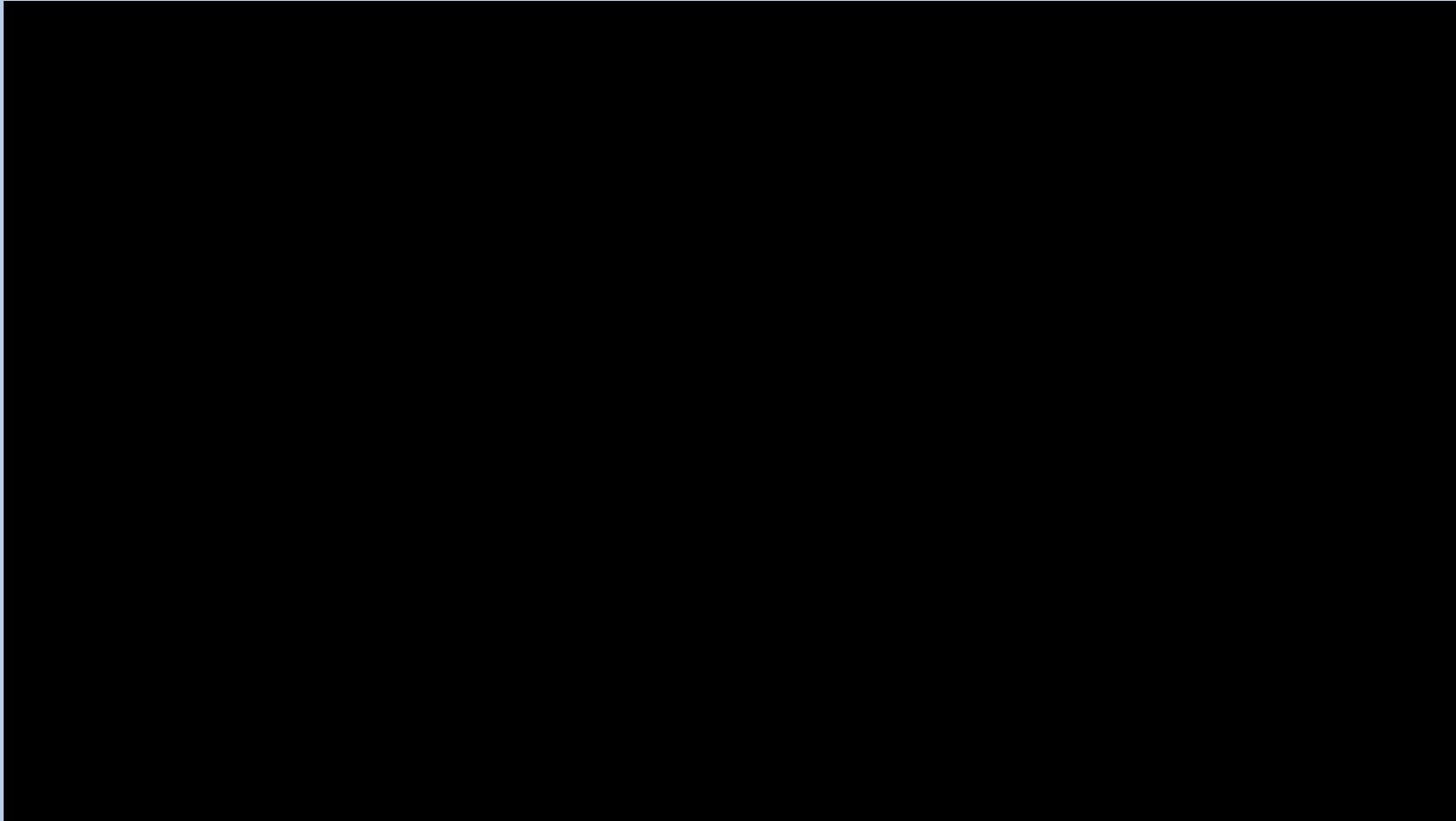
# Dangers of Sharing Information



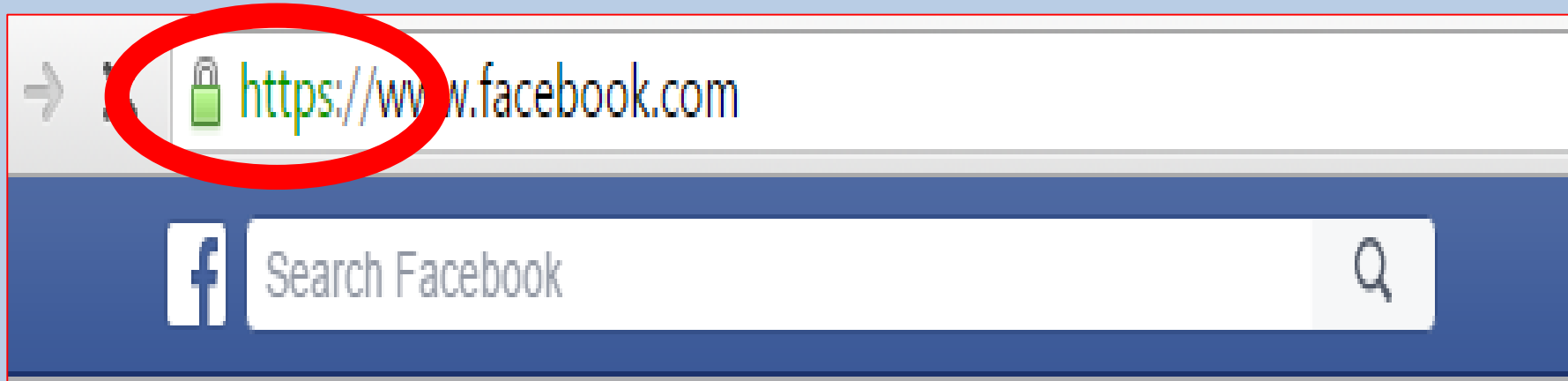
# Dangers of Sharing Information on your Mobile Devices



# Dangers - Logging Off and Private/Public



# Always look out for the https



- Look out for the https: on website addresses.
- Never enter your personal details into a website unless the URL starts with HTTPS.
- S stands for Secure. It means that you can safely use your debit or credit card on that website.
- If there is a lock in the address bar it means that it is safe.

# What To Do If You Are Cyberbullied

- Don't Reply
- Never delete the evidence
- Tell someone you trust
- Always report



# What To Do If You Are Cyberbullied

- Always report to Facebook, google, twitter, snapchat, Askfm

**Report Photo**

Learn more about how to handle harassment in our Safety Center.

To:

Message:



From the album: My "Friends"  
By Carolyn Wilson

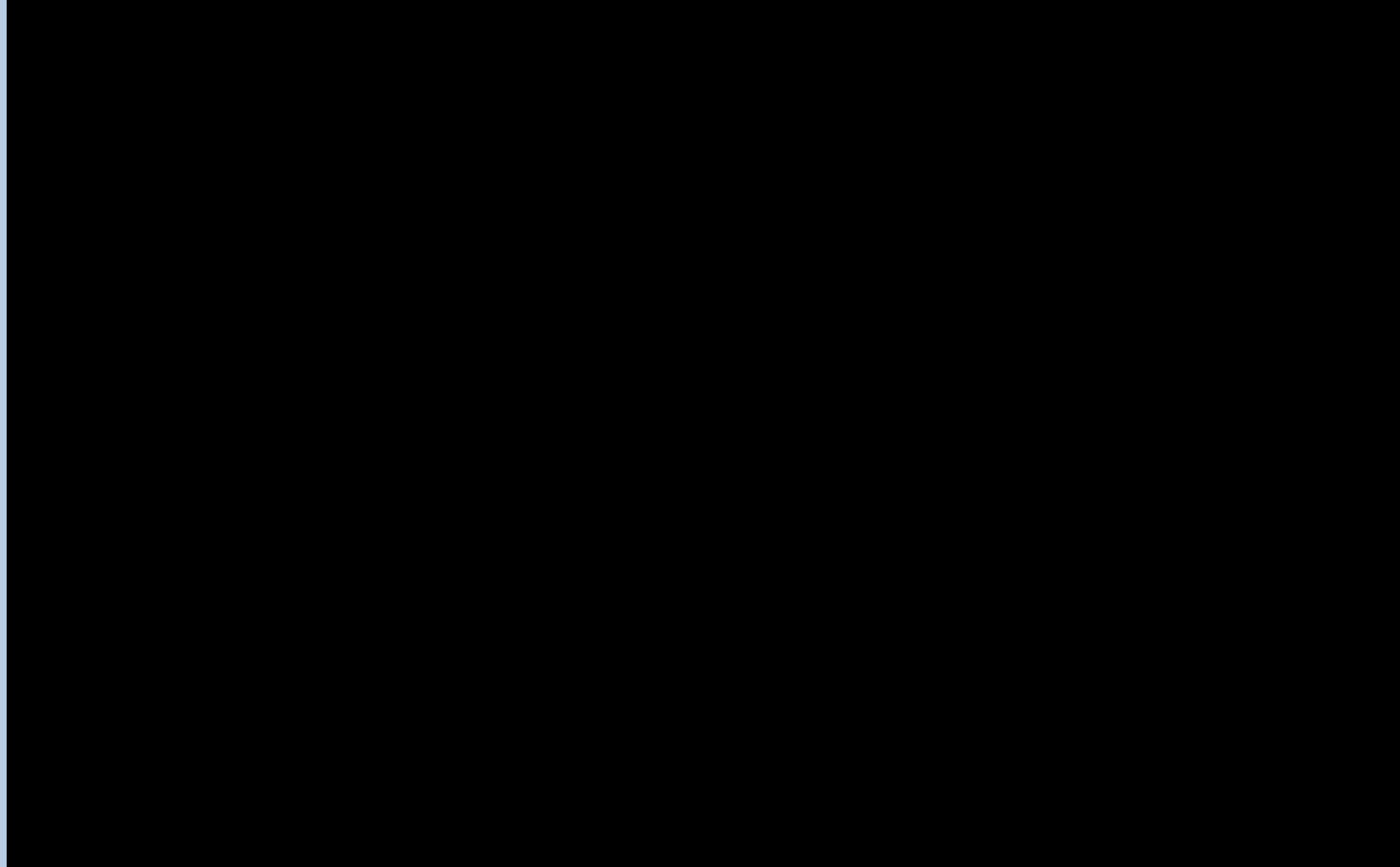
# What To Do If You Are Cyberbullied

- Block
- Change your Internet Provider or Phone Service
- Call the Police
- **If you see or know that someone is cyberbullying someone else always tell!**





# What To Do If You Are Cyberbullied





<http://safernet.org.uk/for-people-with-ld>